



# *Elizabeth* **Coggs-Jones**

10<sup>th</sup> District Supervisors

Courthouse Room 201, 01 N. 9<sup>th</sup> Street Milwaukee, WI 53233  
Phone: 414-278-4265, Fax: 414-278-1380 Email: [ecoggsjones@milwcnty.com](mailto:ecoggsjones@milwcnty.com)

**ECJ – NEWS 10 SPECIAL EDITION**

## Chairman

Health and Human Needs

Combined Community  
Services Board

Vision for Vliet Task Force

## Milwaukee County Committees

Finance and Audit

Personnel

## Memberships

National Associations of  
Counties (NACo)

National Organization of  
Black County Officials

Milwaukee County Friends  
of Africa, Inc.

## Community Involvement

Dr. Martin Luther King, Jr.  
Back-to-School Festival  
Board, Founder

Holy Redeemer Institutional  
Church of God in Christ,  
Member



Dear Friend,

I wanted to share with you that our family has lost a special love one, Rose-Marie Coggs. As I wrestled with the sharing of this message I wanted her death to not be in vain. I wanted to request the lifting of the family as we have lost Rose-Marie to the Lord and my cousin Kara/Brenda Coggs Muhammad is being challenged with illness. As we look to the many calls from the American Heart Association we know that this month is heart awareness month. You know the lapel pins advocating for women to get checked and be diligent in doing so. I know I don't do these things either but I should do and pray that you do will start if you are not.

So many times we are so busy working and taking care of our daily responsibilities. Take a little time for yourself and go to the doctor, have the physical and familiarize yourself with the symptoms of heart disease and stroke. **Heart disease is the number one killer of women and as many of you all know, we always put ourselves last on the "to do list."** So in honor of my special cousin who was like a sister to me Rose-Marie Coggs take some time for you and go and get a check-up. Below you find some information about my creative and loving cousin Rose-Marie Coggs and the American Heart Association.

Rose-Marie Coggs was born to Calvin Jr. and Erma L. Coggs, in Milwaukee, Wisconsin. Her parents Erma and Calvin Jr. Coggs preceded her in death and grandparents Calvin and Emma Wordlow Coggs Sr., James L. and Amy Hawkins-Bryant. As a child, Rose-Marie attended Fifth Street Grade School, Robert Fulton Junior High School, and graduated from Rufus King High School. Rose-Marie was a graduate of Milwaukee Area Technical College in the metallurgist program.

Rose-Marie displayed artistic talents in drawing and painting and exhibited her works in art showings in Milwaukee and Wisconsin. Rose-Marie was known for her talent and creative skills in jewelry design. An award-winning artist, she often was featured in showings at the Inner City Arts Council and African World Festival. She showed her art and jewelry at various festivals in Southeastern Wisconsin. She was well known for her jewelry, and particularly her beautiful collection of watches and rings

Rose Marie Coggs also did modeling for the African World Center with the Bashir Family. Rose-Marie loved to rummage and was a licensed antique dealer and appraiser traveling throughout Wisconsin and Illinois participating shows and fairs. She worked in the hospitality arena at various locations. She also was employed at OIC-GM as a receptionist and worked as a Community Organizer for Project Respect.

Born to eternal life on May 2, 2006. Rose-Marie leaves to cherish her son Ayinde J. Coggs; thirteen grandchildren, an endearing Stepmother Rosie L. Coggs; loving sisters and brothers: Katherine (George) McIntosh, Wichita, Kansas, Kara/Brenda Coggs Muhammad, Velma L. Coggs, Glenda Bradley, Senator G. Spencer (Gershia) Coggs, James (Francis) Wilson, Robert Coggs, John Coggs, Perry (Diane) Wilson and Sandra Coggs, her special cousins Supervisor Elizabeth Coggs-Jones of Milwaukee and Pamela Coggs Alexander of Washington, D.C. Further survived by a host of nieces, nephews, cousins and other loving relatives and friends. **Funeral service is Saturday at 12 Noon at Northwest Funeral Chapel, Visitation Friday 3:00 p.m. to 7:00 p.m., family hour 6:00 p.m. The family is served by:**

**NORTHWEST FUNERAL CHAPEL  
O'BEE, FORD & FRAZIER  
6630 W. Hampton Ave. 414-462-6020**

### **GO For The Red**

The Go Red For Women campaign is the American Heart Association's national call for women to take charge of their health. We especially want you to learn and live -- and recognize and reduce your risk for heart disease and stroke. For more information about this campaign, visit [www.americanheart.org](http://www.americanheart.org)

### **HEART for Women Act**

For more information on how to advocate and support the HEART for Women Act contact the American Heart Association at [www.americanheart.org](http://www.americanheart.org) Because Heart disease is the #1 killer of women, including our mothers, daughters and sisters. Enroll in *You're the Cure* to send a message directly to your lawmakers to ask them to support the HEART for Women Act. Participate in **You're the Cure** when you speak up for vital research funding. Or when you advocate for public policies that advance the fight against heart disease and stroke. That's why *You're the Cure*, a nationwide network of people dedicated to finding a cure for heart disease and stroke, needs your talent and time — now!

### **Heart Attack Warning Signs**

Some heart attacks are sudden and intense — the "movie heart attack," where no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected

aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** May occur with or without chest discomfort.
- **Other signs:** These may include breaking out in a cold sweat, nausea or lightheadedness

*As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.*

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help.

**Call 9-1-1...** Get to a hospital right away.